



# SAFETY WITH A SPLASH OF FUN



## Shelby YMCA Swim Starters

Accompanied by a parent, infants and toddlers learn to be comfortable in the water and develop swim readiness skills through fun and confidence-building experiences, while parents learn about water safety, drowning prevention, and the importance of supervision.

**A/Water Discovery** Parents accompany children in stage A, which introduces infants and toddlers to the aquatic environment through exploration and encourages them to enjoy themselves while learning about the water.

**B/Water Exploration** In stage B, parents work with their children to explore body positions, floating, blowing, bubbles, and fundamental safety and aquatic skills.

### Requirements:

The Swim Starters classes require an adult in the water at all times with the child. A swim diaper is also required if the child is not potty trained. There is a ratio of 1:1 for multiple children. These classes are designed for children ages 6 months to 3 years.

Session: **Fall 1: September 14<sup>th</sup> – October 28<sup>th</sup>**

Swim Lessons Account #1314

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Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

**Please select one option:**

**Swim Starters (Ages 6 months – 3 years) Mondays 5:30-6:00 pm:** Members \$25/Non-Members \$35

A/Water Discovery

B/Water Exploration

I hereby waive and release any and all injuries or claims related to or connected with my child's participation at the Shelby YMCA in conjunction with the said program.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**For Office Use Only:** Date Received: \_\_\_\_\_ Received by: \_\_\_\_\_

Payment: Check # \_\_\_\_\_ Cash Credit Amount \$ \_\_\_\_\_ Member or Non-Member